



HAPPY VALLEY BUSINESS ALLIANCE Monthly Newsletter

February Member Meeting Keynote Speaker

MEgan Moseley PT. Consultant | Coach

TOPIC: Becoming Bodywise: How to Tap Into Your Body's Wisdom to Live and Lead with Authentic Alignment

MEgan brought her unique approach to whole-self well-BEing and leadership from her 35 years of experience as a physical therapist with training in interpersonal neurobiology, and somatic psychology.

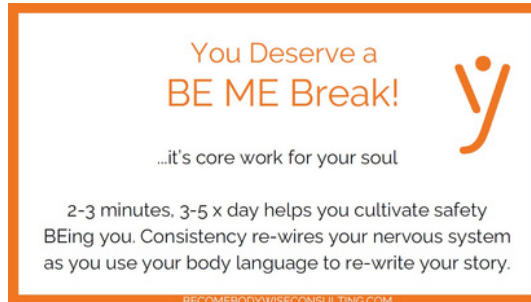
MEgan shared how we can harness the innate wisdom of our bodies to navigate stress, improve decision-making, and lead with clarity and confidence. She presented strategies from here The Art and Science of BEing ME framework:

- Gear 1 - Rest & Digest, Tend, Befriend
- Gear 2 - Fight, Flight, Fawn
- Gear 3 - Freeze, Fold

She went on to share the A, B, C's of a BE ME Break:

- Authentic Alignment
- Bodylanguage of BEing
- Check-in

The session went deep as MEgan took the group through a range of exercises that worked the audiences physical and mental state of being.



In this newsletter you'll find:

HVBA President's Corner

March Meeting Featured Speaker

Fire vs Police Chief's Chili Cook-Off

Happy Valley Happenings

2025 HVBA Magazine is Released

Get To Know: HVBA Meeting Coordinator

Member Business Spotlights

SAVE THE DATE:
MARCH MEMBERS MEETING
WEDNESDAY, MARCH 26TH
HAPPY VALLEY CITY HALL
16000 SE MISTY DR,
HAPPY VALLEY, OR
DOORS OPEN AT 7:15 FOR NETWORKING
MEETING BEGINS AT 7:30

HVBA HAPPY VALLEY BUSINESS ALLIANCE

City Update: **Steve Campbell**

Police Update: **Richard Sheldon**

Fire Update: **Nick Browne**

NCS D: **Curtis Long**

Nelson High School: **Brittany**

February HVBA Meeting: CITY AND COUNTY UPDATES

- City of Happy Valley** - Steve Campbell, Director Community Services/Public Safety
- The city responded to the recent storm helping residents chain-up, having crews work to clear streets of abandoned cars utilizing a new tow approach. The tow company costs less, are towed locally, and even provided assistance to those stranded. City Public Works crews made an effort to sweep streets of sand immediately after the icy conditions passed. Did anyone notice the weather message on speed signs?
 - Save the date: [Paws in the Park](#): Saturday, May 31st, 11 am - 3pm at Happy Valley Park. Get ready for a pawsome day dedicated to our furry friends!

- Happy Valley Police** - Chief Rich Sheldon
- A task force of local law enforcement crew worked along Sunnyside, 212 and local school zones in an effort to curb speeding on Friday, Feb. 21st. The task force included 15 officers providing an equivalent of more than 75+ additional hours of enforcement coverage.
 - The new overnight Sergeant has started with a goal of always having two supervisors on at all times.

- Clackamas Fire District** - Izak Hamilton, Public Information Officer
- The recent wind storm resulted in a tree falling on a vehicle. Responding crews were able to remove the injured motorist and passenger within 4 minutes..
 - 2025 YTD fire calls are at 228 calls, up versus 2024
 - Blue Heron paper-mill blaze in Oregon City probably caused by 'makeshift stoves' used by homeless people. Clackamas Fire is working with the property owners for demolition.
 - Clackamas Fire is working to change the reporting of fires to include "property saved". Gains can be attributed to increased staffing and new equipment from the passed levy.
 - Operation Santa Clause 2024 provided 5,000+ toys and 9,000+ pounds of food

- NCS D Update** - Curtis Long, Communications & Community Relations Director
- Student Care Cards were distributed by students of local HV schools.
 - NCS D at 2 snow days YTD. There are 3 days built in before make-up days would happen.
 - 2025-26 School calendar to be presented at the Feb. 26th NCS D Board Meeting
 - Spring sports starting soon.

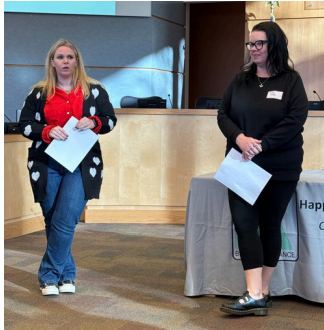


Adrienne Nelson Grad Party 2025

Grad Night Presenters - Brittany Davis Kuehl, President and Tricia Griggs, Secretary

Adrienne C. Nelson High School Class of 2025 Graduation Party Committee is committed to creating a memorable event the seniors, which are the first to have attended NHS all 4 years..

Businesses can help in the 2025 fundraising goal by making donations or sponsorships. Learn more at <https://www.nelsongradparty.com>



ADRIENNE C. NELSON HIGH SCHOOL
GRAD PARTY

Nelson High School Grad Party
#NelsonGradParty

venmo

For check or cash option, email
Nelsongradparty@adriennegradparty.com

DONATE HERE
Money raised goes directly to fund the drug & alcohol-free overnight event for our Nelson HS Class of 2025 Graduates.

CLASS OF 2025

NELSONGRADPARTY.COM

CLACKAMAS CAVALIERS

Congratulations to Clackamas High School senior Jazzy Davidson AND head coach Korey Landolt are BOTH finalists for one of the country's most prestigious high school basketball awards. Yesterday, the Naismith Awards announced that Davidson is a national finalist for the Girls High School Player of the Year award, while Landolt is a finalist for the National Girls High School Coach of the Year award.



SUPPORTING
NELSON HIGH SCHOOL
Class of 2025

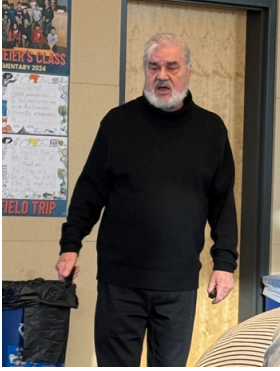
DINNER & AUCTION

MARCH 7, 2025 | 7-10PM
Gray Gables Estates

\$75 PER PERSON | 3009 SE CHESTNUT ST, MILWAUKIE

**PURCHASE TICKET ONLINE AT
NELSONGRADPARTY.COM**

February Business Spotlight



Happy Valley Astronomy Club

Derek Sears
derekwgsears@gmail.com
510-258-2323

Meetings: 1st Tues. each month
Time: 6:00-8:00 pm
Location: Sports on Tap

As a university professor of space and planetary science for 30 years and a senior research scientist at NASA's Ames Research Center in Silicon Valley for 11 years, Derek Sears is passionate about the sky.

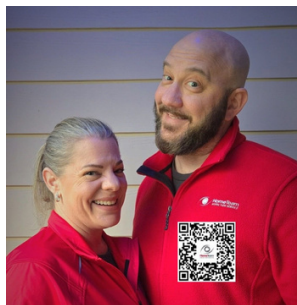
It is in his role as President of the Happy Valley Astronomy Club that he discussed what we can see gazing into the skies over Happy Valley. On the clear nights just prior to the February Member meeting, besides star constellations, several planets were visible using a telescope.

Derek outlined the evening astronomy club meetings as well as the evening classes organized by the Happy Valley Parks and Recreation Dept. Details can be found at the Parks and Rec website and the HV News.

March Business Spotlight

HomeTeam Inspection Service of Northeast Portland

Dan & Melissa Appelson
503-974-1010
northeastportland@hometeam.com



HomeTeam Inspection Service of NE Portland is redefining the home inspection process to make it more efficient, informative, and stress-free for homebuyers and agents alike.

At HomeTeam, we achieve this by employing a team-based inspection process, allowing us to complete inspections in half the time of traditional methods and deliver same-day reports. Our collaborative approach also ensures greater availability, often with appointments available within 24-48 hours. Most importantly, we take the time to educate homebuyers in a clear, non-alarming manner—helping them understand their future home rather than fear it.

HAPPY VALLEY ASTRONOMY CLUB

When:

- Meet monthly, first Tuesday of each month
- 6:00-8:00 pm

Where:

- Sports on Tap (near New Seasons store)

About the meetings:

- Informal atmosphere
- Typical meeting:
 - Greetings
 - Astronomy news
 - The night sky this month
 - Speaker
 - Club business (if any)

How much:

- Come as a guest for first meeting
- \$100 annual dues
(half price at the moment)

THE EVENING CLASSES

Parks and Rec (Kacy Cullen/Stephanie Herr):
Fall - The Planets (8 classes)
Spring - Stars and galaxies (8 classes)
Summer - Astronomy with a small telescope (6 classes)
No prior knowledge
Over 18 years
Mondays, 7:00 - 8:00 pm
Annex (behind police station)
\$100 spring, \$100 fall, \$80 summer

Go to Parks & Rec website (hv.city/parks) to sign up,
or Look for Parks and Rec brochures &
HV Newspaper coming directly to your home!



Why Become A HVBA Business Spotlight?

- Present at the meeting for 8 minutes
- Your business is highlighted in the meeting reminder e-blast to all members
- 1/4 page ad in the Happy Valley News for \$110 (normally \$697) - Distributed (12,500 copies) to every home, condo, apartment, and business in Happy Valley
 - Creative services are included
- See Clint Ehlers for more info:
clint@arrowhomeloans.com

MEMBERS MEETING FEATURED SPEAKER MARCH 26TH

SPEAKER: Molly Hogan,
Executive Director
Welcome Home Coalition



SESSION TOPIC: Ways that Public Investments are Helping All Our Neighbors Have a Place to Call Home and Ways We Can Improve.



Molly grew up throughout the West Coast and has lived in Oregon for almost 10 years. She holds a master's degree in public policy from Mills College in Oakland, California. She has a background of being a small business owner, providing direct service for unhoused youth, non-profit management as well as working in local, state, and federal government agencies.

Since 2022, she has been grateful to advocate with the Welcome Home Coalition for empathetic and cost-effective solutions to our collective shortage of affordable housing and resulting homelessness crisis.

Get To Know:

**Patrick Sheehan
HVBA Meeting Coordinator**

Drawing from his tenure in the Oregon State Legislature, Patrick brought his experiences and insights into our community's economic health, infrastructure, and education projects to the role as Meeting Coordinator, where he has served for the past 6 years.

His full-time professional role is as a licensed Oregon Realtor with Better Homes & Gardens Real Estate focusing on executive homes in Happy Valley, West Linn, Lake Oswego, Clackamas County and beyond. Patrick has become heavily involved in the community through philanthropic organizations and political connections. From these roles that he has developed a strong network to draw from.



Knowing that HVBA Members come from many different industries, Patrick takes this into consideration when scheduling speakers. There is a balancing act for speaker topics. Interest in the community, relevance of the topic, and objectivity of the information must be useful information of general interest. If it's narrow in its focus, the speaker may not be an ideal fit.

With a range of speakers that present to the HVBA Members, there sometimes is a common skill set that successful presenters have achieving a strong presentation. It often starts with having a conversational tone. As for the content, bringing up something that people may not have known existed is usually of interest to the audience.

Drawing from other past speakers, Patrick recalls Eric Fruits as one of the most well received in the last few years. He's a senior economist for Cascade Policy Institute and gave a wildly entertaining and informative presentation of an economic forecast a couple of years ago. People really liked it, and it applied to everyone in the room.

Having a source that can address immediate community issues is good. Our March speaker, Molly Hogan, Executive Director of the Welcome Home Coalition and I met through the Metro Supportive Housing Work group. Ms. Hogan advocates for all the subsidized housing services in the tri-county area. There sometimes are concerns that housing projects of that type sometimes result in strains on public safety. Having this presented to the HVBA Membership would be useful to provide some perspective on the benefits to the community rather than just the criticisms.





HVBA President's Corner

René Canler
HVBA President
971.350.8969
rene@rootmortgage.com

With over 50 attendees at our February Members Meeting, we continue to move fast in 2025. Our growth continues as highlighted below.

- **We have a NEW HVBA Website:** <https://www.hvba.biz>.
 - With around 150 Member Profiles on our [Business Directory](#), we have a strong networking tool. 50 members have already updated their profiles by adding pictures, contact info, and descriptions. Members have also "liked" other businesses and left remarks. Check it out and refer someone today.
 - Visit and share our publications. Check out the fresh-off-the-press [2025 Happy Valley Magazine](#) and share it with your community. You'll also find this March Newsletter as well as our previous newsletters in our Publications tab.
- **Fill out the [2025 HVBA Membership Survey](#).** With already 17 responses, take 10 minutes to help us get to our goal of 50 respondents. Your feedback matters and is already in action.
- **Two Sub Committees are forming directly from current survey responses:**
 - **Monthly Networking Event.** Survey respondents wrote, "Sadly, I am unable to attend the meetings," "I would love a lunch time meeting. As it is difficult to attend the current times the meetings are held," and "Perhaps networking/social events outside the 7:30 a.m. monthly meeting." Another responded, "I think it could be fun and beneficial to have an event/tour/meeting once a month that a business alliance member hosts at their facility. It would allow more businesses to share more about what they do with other members and what services they have to offer." With this feedback in mind, our newly formed Monthly Networking Sub Committee will meet in March to create a consistent and sustainable second HVBA monthly meeting. More to come.
 - **HVBA 20th Anniversary Celebration GALA.** To honor 20 years of the Happy Valley Business Alliance, this sub committee will focus on the parties leading to the party. Save the date! We will host our HVBA 20th Anniversary Celebration on Saturday, September 20, 2025. Plan to be there and celebrate with us.

The HVBA continues to be the pivotal business group in Happy Valley and the greater Happy Valley community. We are a collection of business leaders, small business owners, city staff and elected officials, and community members with the continual goal of supporting each other and sustain a thriving Happy Valley.

We look forward to seeing all at our next Members Meeting from 7:30-9 a.m. on Wednesday, March 26, at the Happy Valley City Hall.



2025 HAPPY VALLEY BUSINESS AND COMMUNITY MAGAZINE

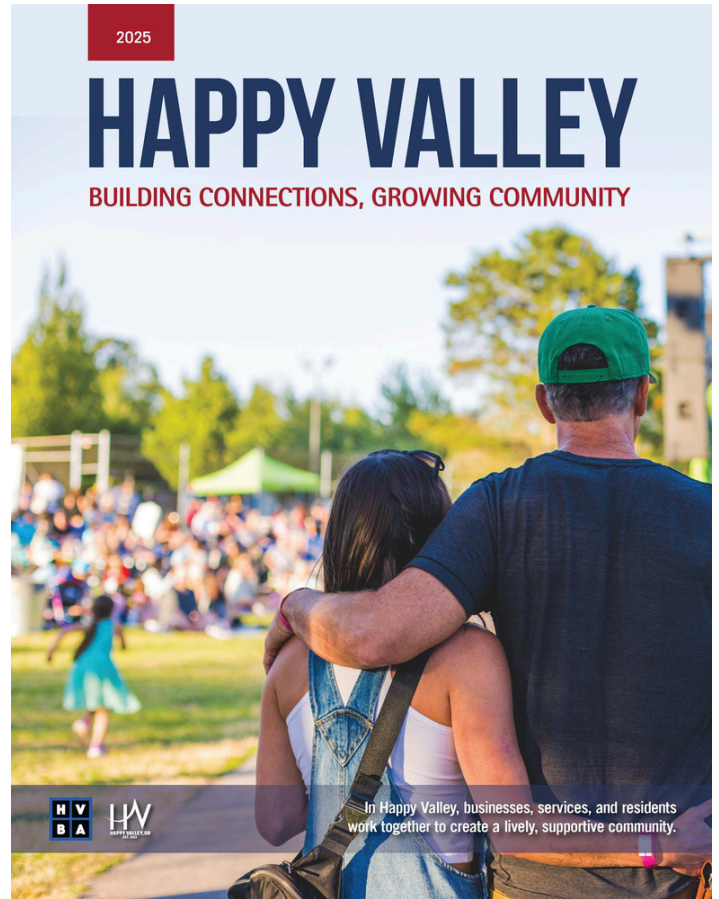
The official magazine of the Happy Valley Business Alliance is out!

The Happy Valley Magazine promotes the community, HVBA members, and highlights everything that is remarkable about Happy Valley and the businesses that invest in our community's success.

HVBA Members enjoy a directory listing in this magazine published annually.

- 60,000 Print Distribution
- Digital & Social Media Exposure

Thanks to those members that took advantage of this unique advertising opportunity.





HAPPY VALLEY BUSINESS ALLIANCE

MEMBERS MEETING

HAPPY VALLEY CITY HALL

- Molly Hogan - March Speaker
Executive Director - Welcome Home Coalition
- Dan & Melissa Appelson - March Spotlight
Home Team Inspection Service



MOLLY HOGAN



DAN & MELISSA
APPELSON



DATE
March 26th



TIME
7:30-9 am

ATTENDED BY







HAPPY VALLEY, OR
EST. 1965

SOCIAL MEDIA LINKS



[/HVBA.OREGON/](#)



[/HAPPYVALLEYBUSINESSALLIANCE](#)

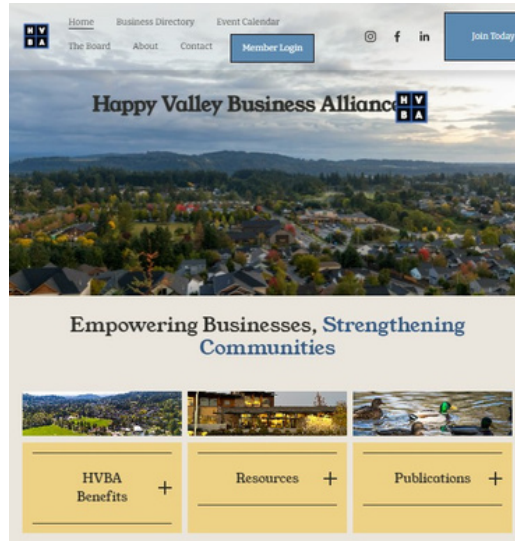


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NEW HVBA Website is LIVE

Is your Member Directory listing completed yet? The are approximately 150 Member Profiles on our Business Directory. 50 members have already updated their profiles by adding pictures, contact info, and descriptions.

When seeking a service, the directory is a great place to start your search. The directory can also be a strong networking tool. Connect with other member businesses.





HAPPY VALLEY BUSINESS ALLIANCE

MEMBER DIRECTORY

NEW MEMBERS

- Happy Valley Parks and Rec
- Happy Valley Women's Group
- Mane Bridal

RENEWING MEMBERS

- Allstate - Heidi Doebel Insurance Agency
- Arrow Home Loans - Clint Ehlers
- Better Homes and Gardens Real Estate
- Bytagig
- Great Clips
- HighPointe Promotional Solutions
- iQ Credit Union
- Jarrard, Seibert, Pollard & Co CPA's
- Kaiser Permanente
- Le Petit Cafe
- Northwest Love in a Box
- StarCycle Happy Valley
- StretchLab Happy Valley
- Venvino Art Studios

TAKE THE HVBA SURVEY

CLICK HERE

Happy Valley Business Alliance Membership Survey

Our HVBA Board is seeking membership feedback on the role our alliance has on your business. Please take the time to answer the following questions to help strengthen the influence our alliance has on the community. Survey is open to members and non-members.

* Indicates required question

Email *

Your email

How long have you been a HVBA member? *

New Member

1 - 2 Years

3 - 5 Years

5+ Years



HAPPY VALLEY BUSINESS ALLIANCE

KUDOS

compliments or congratulations.
plural noun: kudos

/ˈk(y)ooˌdās, ˈk(y)ooˌdōs/

Thank you to Le Petit Cafe for the coffee and pastries!

KUDOS from the February Members Meeting

Members volunteered a number of shout outs for other HVBA Member Businesses:

- City of Happy Valley Volunteers
- Happy Baskets
- Happy Valley Parks and Rec
- MorningStar Assisted Living & Memory Care of Happy Valley
- Public Works
- StretchLab Happy Valley
- The Springs of Happy Valley
- Venvino Art Studios

Bring your KUDOS to the next Monthly Members Meeting.

Complete your HVBA Member Survey ASAP

It is not too late to have your voice heard. Click the link in the image above to share your opinion on what you like about the HVBA and any suggestions to make your membership more valuable. Your feedback matters!



Happy Valley Happenings

Police vs. Fire: Chief's Chili Cook-Off Heats Up Happy Valley

The competition was fierce, the chili was flavorful, and the community spirit was stronger than ever at this year's Chief's Chili Cook-Off! **Hosted at The Springs at Happy Valley on Feb. 5**, the event brought together residents, first responders, and plenty of friendly rivalry.

Happy Valley Police Chief Rich Sheldon and Clackamas Fire Chief Nick Browne went head-to-head, each serving up their signature chili recipes for attendees to sample and vote on. In the end, Chief Sheldon claimed this year's bragging rights and took home the coveted trophy.

Beyond the battle of the bowls, the event provided a fantastic opportunity for the community to connect with local police and fire teams. Attendees had the chance to chat with first responders, learn about public safety, and enjoy a fun-filled afternoon with neighbors.

A big congratulations to **Chief Sheldon on his victory!** With the competition heating up, we can't wait to see who takes the title next year. Stay tuned—the chili (and the rivalry) will only get spicier!





Happy Valley Happenings

Braving the Storm: Public Safety Team Keeps Happy Valley Moving!

February's winter storm brought snow, ice, and freezing temperatures, but thanks to the dedication of the city's Public Safety Team, Happy Valley's roads remained as safe and accessible as possible.

Working around the clock, crews from Public Works, Community Services, Police, and Code Enforcement treated roadways, managed traffic, and responded to emergencies to keep our community safe. Their tireless efforts ensured that essential services continued despite the harsh conditions.

A heartfelt thank you to everyone who played a role in keeping Happy Valley moving!





Happy Valley Happenings

Love Delivered, Hearts Touched!

This Valentine's Day, our community came together to share love in the most heartfelt way—through handwritten care cards! Thanks to your generosity, over **700** beautifully crafted cards made their way to seniors at six local assisted living and memory care facilities, bringing warmth and joy.

A special shoutout Miles (Kindergarten) and his big brother Blake (4th grader) from Happy Valley Elementary for hand delivering the cards to seniors. We also got to spend the day with our friends and partners from **North Clackamas School District** which made the day even sweeter!

From colorful drawings to uplifting messages, each card was a reminder that kindness knows no age.



International Day of Happiness March 20



Join us for a community art project on **March 20th at Happy Valley Library from 3:00pm-4:30pm** to celebrate International Day of Happiness.



Youth Entrepreneur Program- Applications being accepted 4/1

Inspire creativity, build confidence, and grow your entrepreneurial spirit with the **Happy Valley Youth Entrepreneur Program!** Open to K-12 students, this program offers a chance to showcase and sell handmade crafts or services at five major city events. Apply starting April 1st!



HVBA Business Card Drawing Winners February Meeting



Armadas Exterior LLC - Lloyd Anderson

Armadas Exterior specializes in delivering high-quality roofing, siding, and gutter solutions tailored to enhance homes and businesses. With a commitment to exceptional craftsmanship and customer satisfaction, we bring expertise, reliability, and innovative solutions to every project. Trust Armadas Exterior for your exterior remodeling needs.

19564 SE Hwy 212
Damascus OR 97089,
503-753-1664
www.armadas.us



Happy Valley Astronomy Club
Derek Sears

Come as a guest for first meeting
Join for \$100 annual dues

Meet monthly, first Tuesday of each month

- 6:00-8:00 pm
- Sports on Tap

About the meetings

- Informal atmosphere

Typical meeting:

- Greetings
- Astronomy news
- The night sky this month
- Speaker
- Club business (if any)

Derek Sears
510-258-2323
www.hvAstronomyClub.com



Bee-Lieve Education Foundation
- John DeHaas

Our work extends beyond hives as we advocate for food security by providing honey to our partners and promoting the health and wellbeing of honeybees and other essential pollinators. Through sponsor partnerships, we proudly offer scholarships to veterans for the OSU Master Beekeeping Program, empowering them with valuable skills and new opportunities. We are committed to raising awareness and strengthening community ties through local events, fostering engagement and education for a thriving ecosystem.

PO Box 321
West Linn OR 97068
503-754-6805
bee-hivehoney.com



Happy Baskets – Tangee Summerhill-Bishop

Happy Baskets creates custom, handcrafted gift baskets filled with gourmet treats, local wine, craft beer, sodas and more. Perfect for any celebration, our baskets are designed for all ages, interests, and occasions-whether for family, friends, employees, or clients. We offer personalized gifts and seasonal delights for holidays like Christmas, Valentine's Day, and Mother's Day. Based in Vancouver, Washington, we have been delivering smiles all over the world since 2000. Celebrate life's moments with a unique gift from Happy Baskets!

13511 NE Kerr Rd, #3Vancouver WA
98682, US
503-653-6120
happybaskets.com

Monthly Business Card Drawing

For HVBA members that attend the meeting each month, drop your business card into a drawing. 4 business cards will be drawn to be featured in social media posts the following month!

CELEBRATING 20 YEARS

HVBA was formed in 2005 and will be celebrating our 20th anniversary this later year. Help us collect photos and stories from the previous 20 years.

Email your photos from Ribbon Cuttings, Member Meetings, and Social Events. Share your memories from the early years;

Email: Gregg LeBlanc
at Gregg@NWNestRE.com





What is the HVBA?

The Happy Valley Business Alliance (HVBA) is a community focused organization that supports and connects Happy Valley business owners and brings attention to their businesses, attractions, and upcoming special events in Happy Valley. We are passionate about maintaining a great place to live and work, so we strive to promote a healthy business network with our members. Growing our community partners who share our interests in contributing to the livelihood of the Happy Valley business network promotes sustainable relationships and economic growth in our community.

HVBA was formed in 2005 with the intention of maintaining integrity and livability of our great community. As the original group of local business owners connected an alliance was formed so that each business would have a voice and could equally contribute to the economic development and success of the Happy Valley area. As our local business community grows, so do our members. We continue to strive for each and every business to be as successful as possible and for our members to have a place to connect with other local business owners for support and access to the resources needed.

As a member, you will be surrounded by local business leaders that will support you and your goals. As well as give you a first hand look at what is happening around your community. Happy Valley is a premiere location for your business because of its growth and buy local feeling. By having an insight to the community events, community leaders, and the resources that the HVBA provides your business will grow and thrive along side Happy Valley!

MORE SOCIAL MEDIA LINKS



[/CITYOFHAPPYVALLEY](https://www.facebook.com/CITYOFHAPPYVALLEY)



[/HVP_RF](https://www.instagram.com/HVP_RF)



[/CITYOFHAPPYVALLEY](https://www.instagram.com/CITYOFHAPPYVALLEY)



[/HAPPYVALLEYPARKSANDREC](https://www.facebook.com/HAPPYVALLEYPARKSANDREC)

Not A HVBA Member?

HVBA Member Benefits

One of the best ways to connect with other local businesses and people in Happy Valley is to become a member of the HVBA. Not only do we hold monthly meetings where members can get involved in community events through sponsorships or resource sharing, we create opportunities for business owners to meet and get to know each other. The HVBA is open to any business doing business in the city of Happy Valley and surrounding areas.

Here are a few more benefits of membership:

- Members receive email reminders about upcoming community events, keeping you connected and informed
- You have a collective voice of business in the City of Happy Valley and can get problems addressed and solved
- As a member you receive City Council updates regarding decisions that might affect your business
- Hear guest speakers from community businesses speak on topics important to alliance and business in Happy Valley
- You will have opportunities to sponsor events that make our city great and make a name for your business, like the Fourth of July Festival, Summer Concerts, Harvest Fest and Tree Lighting!
- Business training with guest speakers
- Website listing and social media postings

Join Here